

# Re-Accreditation Form Level 1 Sports Trainers

**Thank you for applying for re-accreditation.**

**To complete your re-accreditation** you will need to print this form and fill in the details. Please return by:

- scan and email to sportstrainers@sasma.com.au
- post to Sports Trainers, South Australian Sports Medicine Association P O Box 219, Brooklyn Park SA 5032
- fax (08 8234 6352)

**prior to the expiry of your current sports trainers' accreditation**

South Australian Sports Medicine Association believes in the importance of re-accreditation to ensure a high standard of immediate care is provided by Sports Trainers, hence the need to keep up to date with the latest information. The following information needs to be forwarded to SASMA.

- Completed Re-Accreditation Application Form including Payment Details ([included](#))
- Completed Education Record Form ([included](#))
- Copy of current Provide First Aid & CPR Certificate (With at least 3 months until expiry)
- Signed Practical Competency Form (signed by any of the following: Level 1 Sports Trainer with a minimum 5 years'

experience as an **Accredited** trainer, Accredited Level 2 Sports Trainer, club Doctor or Physio, Head Trainer, Enrolled/ Registered Nurse) ([included](#))

Copy of [Play By the Rules](#) (2) Certificates\*

Payment  Bank Deposit  Cheque  Credit Card

**\*Note:** Play By the Rules is an online Child Protection and Discrimination & Harassment training package. This is now a requirement for all Re-accrediting Level 1 Sports Trainers to complete. The training package can be found and completed on the following website:

[www.playbytherules.net.au](http://www.playbytherules.net.au). You will need to complete the following 2 sections

- Discrimination & Harassment
- Child Protection

**Cost: Sports Trainer Re-accreditation = \$125.00 (includes GST)**



## Level 1 Re-Accreditation Application Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation/ Additional Qualifications: \_\_\_\_\_

Club/ Sporting Organisation: \_\_\_\_\_

### Please ensure you have enclosed the following:

- Signed Practical Competency Form
- Completed Education Record Form
- Copy of Provide First Aid Certificate (HLTAID003)  
(Completed within 9 past months)
- Copy of CPR Certificate
- Copy of Current Play by the Rule Certificates (2 certificates)
- Signed copy of Sports Trainers Code of Ethics (included)

Payment

### Payment Details

Australian Sports Medicine Federation (SA) ABN: 35 445 122 543

OPTION 1: Credit Card

MasterCard  Visa

Card No: \_ \_ \_ \_ - \_ \_ \_ - \_ \_ \_ - \_ \_ \_

Card Expiry Date: \_ \_ / \_ \_ CVC/CVV # \_ \_ \_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

OPTION 2: Direct Bank Deposit

Account Name:

Australian Sports Medicine Federation (SA Branch) Inc

ANZ Bank: BSB: 015-214

Account No: 4014 50838

Message / Reference: Your Name

OPTION 3: Send in Cheque with application form made out to  
Australian Sports Medicine Federation (SA Branch) Inc

**Sports Trainer Re-accreditation \$ 125.00 including GST**

# PRACTICAL COMPETENCY FORM

(To be completed by any of the following; Level 1 Sports Trainer with a minimum 5 years' experience as an accredited trainer, Accredited Level 2 Sports Trainer, club Doctor or Physio, Head Trainer, Enrolled/ Registered Nurse with experience in sport)\*

Sports Club at which you have carried out duties as a Sports Trainer over the 12 months:

Club Name: \_\_\_\_\_

Club Contact: \_\_\_\_\_

Approximately how many hours do you work per month as an Accredited Level 1 Sports Trainer?

\_\_\_\_\_

Does your Club have a:	Doctor ?	Yes / No
	Physiotherapist ?	Yes / No

If YES:  
Name of Doctor: \_\_\_\_\_

Phone/email: \_\_\_\_\_

Name of Physiotherapist: \_\_\_\_\_

Phone: \_\_\_\_\_

\*If you do not have suitably qualified personnel at your club to complete your practical competency form please contact SASMA and we will arrange alternate assessment

**Sports Trainer Name:** \_\_\_\_\_

**has demonstrated competence in the following areas:**

Systematic assessment of on-field injuries (TOTAPS) Yes / No

Effective communication with Medical Staff and Sports Trainers Yes / No

Ability to refer for further treatment when indicated Yes / No

Carry out instructions from Medical Staff (eg. Paramedics, Hospital Staff, Physio etc) and fellow Sports Trainers Yes / No

Taping of the ankle, finger and thumb Yes / No

R.I.C.E.R./ No H.A.R.M Management Yes / No

Management of Hard Tissue Injuries (eg. Fractures, Dislocations) Yes / No

Abides by the Sports Trainers Code of Ethics (available at [www.sasma.com.au](http://www.sasma.com.au)) Yes / No

Has undertaken approximately 50 hours working as an accredited trainer over the last 12 months Yes / No

Effectively transport injured athletes Yes / No

Effectively treat a variety of wounds Yes / No

Contributed to injury prevention issues Yes / No

I  **RECOMMEND**  **DO NOT RECOMMEND**

that the above trainer be granted re-accreditation for the next 3 years.

**Assessor Name:** \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Qualification:** \_\_\_\_\_

**Contact Phone:** \_\_\_\_\_

# EDUCATION RECORD FORM

As Sports Medicine is an ever-changing science and the ways in which we manage injuries is constantly changing. It is necessary for Sports Trainers to continually learn and keep their skills up to date

As an accredited Sports Trainer you are required to reach a minimum of 6 points from the education sessions you attend over the three years of your current accreditation. Alongside is a table outlining the number of points assigned to a range of education sessions. Your total can be made up of any combination from the three categories with a maximum of 3 sessions from any one category.

If an education session is not listed please contact SASMA.

Date:	Session Title/ Description	Signature/Stamp Coordinator

## Privacy Statement

Please note that the personal information that you provide when you register for re-accreditation ("the information") may be used by South Australian Sports Medicine Association or our parent body (Australian Sports Medicine Federation Inc) for marketing and promotional purposes and we or they may send you information about our various products and services. The Information may be disclosed to other organisations so that they can provide you with information about the products and services that they offer. Our National body may use the Information to issue a National Accreditation Certificate. If you do not provide all of the details sought you may not receive your certificate. Please contact South Australian Sports Medicine Association, 27 Valetta Road, Kidman Park SA 5025 or fax (08) 8234 6352 if you would like to access or correct the Information that we hold about you. In general, you will be provided with access to your Information. South Australian Sports Medicine Association abides by the relevant National Privacy Principles of the Privacy Act 1988. You can get more information about the way your Information is handled by contacting us at the above address

3 Points	2 Points	1 Point
SASMA Sports Trainers Conference	SASMA Education Sessions including Advanced Taping, Spinal Management, Introduction to Sports Massage	Office for Recreation & Sport Courses including Coaching Courses
Advanced Resuscitation		Education sessions conducted by like-minded organisations eg: SportsMed SA Wakefield Sports Clinic
Bronze Medallion	Asthma Emergency Training	SASMA or SMA Education sessions eg. Basic Taping, ERC, sideline help
Relevant workplace professional development sessions for Physiotherapists/nurses/sports scientists		Club or Association courses: eg football, soccer, basketball, cricket, netball, etc.
Certificate III or IV in Massage	Relevant workplace courses: eg OHS&W, St Johns, etc	Level 0 Coaching Certificate
Certificate III or IV in Fitness	Level 1/2 Coaching Certificate	Relevant online courses / books / manuals associated with Medicine, Health and Sports Trainers.

**If you are currently Level 1 and wish to advance to Level 2, please check out our website: [www.sasma.com.au](http://www.sasma.com.au) for Course details.**



## Code of Ethics for Sports Trainers

***It is the primary role of the Sports Trainer to make sport and recreation safer. This is achieved by implementing appropriate injury prevention regimes.***

The Sports Trainer must clearly understand their defined roles and responsibilities and has a moral responsibility to work within the limits of their qualifications, and hence not assume roles outside of those predetermined ones. In keeping within the limits of their qualifications the Sports Trainer must, if appropriate, refer to a physician, physical therapist, or other allied health professional for further advice, treatment and management.

As members of the SA Sports Medicine Association (SASMA), Sports Trainers have an ethical responsibility to their clients, society and other health professionals. The following ethical foundations for Sports Trainers in the field of Sports First Aider/Trainer serve as a Code of Ethics for practicing professionals. The Code implements many of these foundations in the form of rules of ethical conduct. Noncompliance with the Code may affect an individual's initial or continuing status as a recognised certified Sports Trainer by SASMA, and this could lead to the possibility of having their certification/accreditation revoked.

### Ethical Foundations

- 1. Sports Trainer – Client (athlete) relationship:** The welfare of the athlete is central to all considerations in the *Sports Trainer – Client (athlete)* relationship. This includes the obligation of the Sports Trainer to respect the rights of athletes, colleagues and other health professionals, and to communicate only factual information and not to misrepresent competency on any level. In the case of injury, applying appropriate initial management procedures, and referring injuries as necessary. Ensure that both athletes and Sports Trainer's actions are at all times unambiguously professional, and appreciate the importance of seeking to defuse anxiety and apprehension before physically touching an athlete by means of verbal explanation of the Sports Trainer's intention.
- 2. Sports Trainer conduct and practice:** The Sports Trainer should deal honestly with athletes and colleagues. This includes not misrepresenting him/herself through any form of communication. Maintenance of professional competence is an obligation of the practising Sports Trainer. This can be achieved by complying with re-accreditation requirements. Sports Trainers are trained to provide definite skills and knowledge (as outlined in roles and responsibilities document) to sport clubs/sporting events, and it is acceptable to receive remuneration for their time involvement with that club/event. It is, however, clearly inappropriate and outside of the role of the Sports First Aider/Trainer to offer him/herself as a primary health care practitioner and charge on a fee-for-service basis. If a Sports Trainer is found to be acting outside of the above ethical foundations they will be investigated by SASMA and possibly have their certification/accreditation revoked.
- 3. Professional relations:** The Sports Trainer should respect and co-operate with other Sports Trainers and allied health professionals. Sports Trainers should not represent themselves qualified to perform roles which are outside the scope of SASMA's Sports Trainers Roles and Responsibilities.
- 4. Societal responsibilities:** As a recognised certified Sports Trainer of SASMA, Sports Trainers are required to uphold the dignity and honour of the profession and comply with professional standards of practice. Commercial promotions of injury prevention and treatment products and services may generate bias unrelated to product/treatment merit. The Sports Trainer should be aware of this potential conflict of interest and offer advice that is evidence based and accurate, without bias.

### Code of Conduct

#### ***Client (athlete) – Sports Trainer Relationship***

- 1.** The Sports Trainer should serve their athletes by exercising all reasonable means to ensure that the most appropriate injury prevention methods and recommendations are provided to the client/s.

2. The Athlete – Sports Trainer relationship is built on confidentiality, trust and honesty. The Sports Trainer must adhere to all applicable legal and/or contractual constraints whilst in the ‘Athlete – Sports Trainer’ relationship.
3. It is not ethical to recommend, refer, prescribe, provide or seek compensation for treatment or products that are of no benefit to the athlete.
4. The Sports Trainer should not discriminate against athletes based on race, colour, national origin, religion or any other basis that would constitute illegal discrimination.
5. Sexual misconduct on the part of the Sports Trainer is an abuse of professional power and a violation of athlete trust.
6. The Sports Trainer should not practice or attempt to provide professional services to an athlete while impaired by alcohol, drugs of any kind, or physical or mental disability. If a Sports Trainer experiences any of these above mentioned problems they should seek appropriate assistance to address them and limit his/her professional practice until the impairment no longer affects the quality of the athlete service.

***Respect and education are vital in any successful attempt to promote the role of the Sports Trainer in making sport and recreation safer in an ethical context.***

---

I certify that I have read the *SASMA Code of Ethics for Sports Trainers*. I agree to comply with this code in its entirety.

I understand my responsibility to promptly report any incident of misconduct or perceived misconduct that I may witness or experience.

By signing this acknowledgement I am indicating that I have read and will abide by *SASMA's Code of Ethics for Sports Trainers*.

\_\_\_\_\_  
Signature of Sports Trainer

\_\_\_\_\_  
Sports Trainer name (printed)

\_\_\_\_\_  
Date

*SASMA Copy  
Sports Trainers Copy*

