

# ANNUAL REPORT

**2018 - 2019**

ABN: 35 446 122 543

PREVENTION • MANAGEMENT • EDUCATION



## 2019 COUNCIL MEMBERS

---

**David Spurrier** | President  
**Dr. Geoff Verrall** | Vice President  
**Sean Murphy** | Treasurer

### Committee

Aaron Beck  
Carlie Altmann  
Keren Faulkner  
Dr Luke Mooney  
Olivia Warnes  
Dr Verity Cooper

**Dr Duncan Walker** | Medical Director

## 2019 STAFF MEMBERS

---

**Daniel Clark** | Executive Officer  
**Mallory Papantoniou** | Marketing and Events Officer  
**Sonja Davey** | Community Project Officer  
**Heather Kilsby, HMK Accounting Support** | Finance

2018 - 2019



## 2019 HONOUR BOARD

---

Year	President	Secretary	Treasurer
1961 - 1964	Dr. Garton M. Hone	Mr. Bert F.G. Apps	Mr. Bert F.G. Apps
1965 - 1969	Dr. Owen Bowering	Mr. Bert F.G. Apps	Mr. Bert F.G. Apps
1970 - 1972	Dr. Donald Beard	Mr. Robin Haskard	Mr. Robin Haskard
1973 - 1975	Mr. M. G. Maguire	Mr. Bert F.G. Apps	Dr. J. H. Kneebone
1976 - 1977	Dr. R.C.Heddle	Dr. J. H. Kneebone	Dr. J. H. Kneebone
1978 - 1980	Mr. Max Sopp	Dr. J. H. Kneebone	Dr. J. H. Kneebone
1981 - 1982	Dr. Denise Chapman	Dr. J. H. Kneebone	Dr. J. H. Kneebone
1983 - 1984	Dr. Brian Sando	Dr. J. H. Kneebone	Dr. J. H. Kneebone
1985 - 1986	Mr. Michael Mason	Dr. J. H. Kneebone	Dr. J. H. Kneebone
1987 - 1988	Dr. Peter Barnes	Dr. J. H. Kneebone	Dr. J. H. Kneebone
1989 - 1990	Mr. Max Pfitzner	Dr. J. H. Kneebone	Dr. J. H. Kneebone
1991 - 1992	Dr. Roger Paterson	Mr. Max Pfitzner	Dr. Peter Dobson
1993 - 1994	Mr. Simon Bartold	Dr. Roger Paterson	Dr. Peter Dobson
1995 - 1996	Dr. Malcolm Kerr Grant	Mr. Simon Bartold	Dr. Peter Dobson
1997 - 1999	Ms. Lynne Haysman	Dr. Malcolm Kerr Grant	Dr. Peter Dobson
2000 - 2002	Ms. Libby Austin	Ms. Lynne Haysman	Dr. Peter Dobson
2002 - 2003	Mr. Duncan Haskard	Ms. Libby Austin	Ms. Angela Evans
2004 - 2006	Dr. Andrew Potter	Ms. Libby Austin	Ms. Angela Evans
2007 - 2008	Dr. Elizabeth Clisby	Dr. Andrew Potter Mr. Duncan Haskard	Mr. Nigel Rowe
2009 - 2010	Mr. David Spurrier	Mr. Nigel Rowe	Mr. Nigel Rowe
2011 - 2012	Dr. Bridget Sawyer	Mr. Nigel Rowe	Mr. Nigel Rowe
2013 - 2014	Mr. Nigel Rowe	Mr. Patrick Custance	Mr. Patrick Custance
2014 - 2016	Mr. Patrick Custance	Mr. Sean Murphy	Mr. Sean Murphy
2016 - 2018	Dr. Verity Cooper	Mr. Sean Murphy	Mr. Sean Murphy
2019	Mr. David Spurrier	Dr Geoff Verrall	Mr Sean Murphy

National Life Member | Dr. Brian Sando

Recognition of Hon. Secretary's | Mr. Bert Apps. 1961 to 1975  
 (leave of absence 1970-71 Mr. Robin Haskard was Hon. Sec.)  
 Dr. Henry Kneebone 1976 - 1991

# PRESIDENTS REPORT

The South Australian Sports Medicine Association continues in 2019 to be a relevant and supportive partner to the team of multidisciplinary practitioners striving for sport medicine excellence. Membership has steadily grown with new student and medical practitioners and has also gained international members through our excellent education meetings and state conference.

The Education Committee, this year has formulated a strong series of meetings that encouraged reading, questions and communication across the team network. Sincere thanks and accolades to the committee, forging the strength of these meetings and gaining national and international interest. The Education Committee comprising Dr Duncan Walker, Dr Robert Buckley, Olivia Warnes, Leisa Stringer, Daniel Sheehy, Damir Metljak and Carlie Altmann have done great work in developing, organising and presenting our members education. The members thank Benson Radiology for sponsoring our Members Education Series again in 2019.

The staff of SASMA have continued to be directive, innovative and extremely effective in maintaining the professional interest, supporting our sports trainers and growing links within the broader sport network and government organisations. Our illustrious CEO Daniel Clark, with Mallory, Gabrielle and Sonja deserve our recognition and gratitude. With recent changes in staff I'm sure a new momentum will continue in 2020.

The staff have worked on a number of new projects over the last 12 months. Special mention must go to the following projects: Sports Safety and Risk Management (SSARM) project including the website that Gabrielle worked on and developed; the Australian Masters Games which was coordinated by Sonja and ably assisted by the Games Medical Director Dr Janet Young; and the first international workshops held in Singapore were organised on the back of hard work from Aaron Beck and Daniel Clark.

Over the coming 12 months we will see the development of our Injury Surveillance Research project we are running in partnership with the University of South Australia. We thank Steve Milanese for his enthusiastic support and assistance with this.

The 2019 Annual Conference was a highlight of the year with new areas of sports medicine and sports science presented and thanks to Dr Duncan Walker and Rohan Hattotuwa for again organising a successful conference. Our thanks to Conference Major Sponsor, Dr Jones and Partners Medical Imaging for once again coming on board and supporting this event, along with our other Conference Supporters Medi Pro, DJO Global, AIMedical and StatPacks Plus.

Thank you for your continued support of SASMA.

David Spurrier  
President



# TREASURERS REPORT

## Overview of 2018-19 financials

Council have reviewed the Accounting and Audit Procedures for 2018-19 by independent auditor's Dean Newberry and Partners and are in agreeance that the audit process has been implemented.

We have continued to receive support from the SA Government (Office for Recreation, Sport and Racing), as well as corporate sponsors Dr Jones & Partners, Benson Radiology and MediPro who have once again continued their sponsorship. Sponsors make a significant contribution to our ability to continue to provide quality services to our members and the community through our Members Conference and Education series, GP Course, and Sports Trainers and Community Education Program.

## Operating Result

There was a net loss for the 2018-19 financial year of \$68,194, an increase on last financial year of \$29,830. Overall income has increased by \$55,162 due to an increase in Government grants and dividend income. Project income decreased due to decreased conference numbers associated with other professional conferences on the week before our conference \$9000).

We saw a small but positive growth in membership fee income of \$1235.21. Debts that had been on the books were written off this year which totalled \$5292.00. Income from sports trainers courses was reduced by \$20,968 on the previous year.

SSARM, a major project, was undertaken this year, which had associated costs including IT website build, research and staff costs of \$57 818. This new resource will generate income via courses into the future.

The overall result with consideration for fluctuation in the share portfolio valuation, writing off bad debt and increased project costs has been a relatively stable one. We continue with our aim to maintain financial stability and operate cost neutral or in profit. A special thank you to the Council and SASMA Staff for their efforts and financial management.

Sean Murphy  
Hon. Treasurer

Membership Type	2016-2017	2017-2018	2018-2019	2019-Current
Full Members	259	258	247	264
Associate	4	3	4	3
Students	148	109	108	115
<b>Sub Total</b>	<b>411</b>	<b>370</b>	<b>359</b>	<b>382</b>
<b>Sports Trainers</b>				
Level 1	989	950	903	1004
Level 2	307	288	283	284
<b>Sub Total</b>	<b>1296</b>	<b>1238</b>	<b>1186</b>	<b>1288</b>
<b>TOTAL</b>	<b>1707</b>	<b>1608</b>	<b>1545</b>	<b>1670</b>

# EXECUTIVE OFFICERS REPORT

The last 12 months has seen the SA Sports Medicine Association implement some new projects, build a new online resource to support community sporting clubs and grow our presence beyond our state borders.

Our new Sports Safety and Risk Management (SSARM) online resource is up and running now with new courses being developed to encourage clubs to start to implement best practice policies and procedures that will put their members safety and risk management at the forefront. This is a resource we have been needing here in SA and we hope to see this roll out across the country in years to come.

Moving forward, we have been discussing how we as an organisation can be more involved in research. We have been successful in gaining funding to undertake an injury surveillance research project that will give not just us, but also sport here in SA, access to up to date information on the types of injuries being sustained and what the causes may be. This data will be used for future research projects moving forward as well as to provide evidence to Government for the need of new programs and facilities.

A big thank you to Steve Milanese and UniSA for their support with this project and providing guidance and the academic nous this project has needed. Our impact has started to look beyond the state and in October 2019 we ran our first workshop over in Singapore. Spreading our wings and exporting the Australian Sports Medicine knowledge internationally will open up doors for our Members to go and present to new markets as well as to encourage those within our regions to come to Australia to attend our conferences here in person.

A big thank you Aaron Beck who put a lot of time into helping get the first workshops up and running. Also thank you Patrick Custance and Mike Heynen who presented in Singapore in October. I look forward to seeing this area grow.

A big thank you to our staff, Mallory Papantoniou and Sonja Davey, who have taken the opportunities given to them and enthusiastically are leaving their mark on this organisation. I also want to thank Gabrielle Fisher and Shane Worner for their contributions over the last 12 months and I wish them all the best with their future endeavours.

I would like to thank David Spurrier and our SASMA Council for their time and efforts in growing the organisation. They have provided me with much support and guidance over the last 12 months. I look forward to working with them in the next 12 months.

The Sports Medicine Community is strong here in SA, an aim of ours over the next 12 months is to highlight this as much as we can through our contacts with sport, the community, media and through our own social media. We would encourage our members to share their stories and news with our office so we can help promote all our members.

Together we can drive the Association forward and grow in numbers and impact.

Daniel Clark  
Executive Officer



# MEMBERS EDUCATION REPORT

The Education Committee in 2018/19 put together a great lineup of Education Sessions. A special thank you to our Education Committee – Dr Duncan Walker, Dr Robert Buckley, Leisa Stringer, Daniel Sheehy, Olivia Warnes, Damir Metljak and Carlie Altmann – for the great work they have put in this year. They have put a lot of time and effort into our Members’ Education Program and the continued growth of the program is because of this Committee.

The 2019 Members Education Series covered: “The Female Athlete: Transitioning Between Sports”; “ACL Injuries Debate: Surgery vs Non-Surgical Management”; and “Neuroendocrine and load management considerations for the occupationally-active athlete”. Attendances were high for all three sessions with in excess of 60 in attendance at all three including members participating via online webcast on the night.

This Series continued to be supported by the Master Class Series, which took a different approach giving SASMA Members access to experts from interstate and overseas. Our 2019 Conference Convenor, Dr Duncan Walker and Rohan Hattotuwa, put together a high quality conference with an excellent line up of speakers from around Australia on Sunday 26th May.

We had over 100 delegates in attendance at the conference along with regional, interstate and overseas delegates logging in via the live webcast. The timing on the weekend following the Australian Podiatry Association Conference in Adelaide affected our overall numbers, but even with this on we still broke the 100 barrier.

SASMA would like to thank all the speakers involved in our education program for providing such excellent and informative presentations. A lot of time is spent preparing to present and as speakers volunteer their time and expertise it is important for us, as an organisation, to acknowledge their hard work.

Over the next 12 months SASMA will be expanding our education program with more Masterclass sessions planned for 2020, workshops held overseas and an increase in the number of webcasts available. Remember that Members can access previous webcasts via the Members Portal on the SASMA website.

2018 – 19 Members Education Sessions		
	Date	Attendees
Temptation of Short Cuts & Quick Fixes in Sport	24 July 2018	60
Foot Osteoarthritis Masterclass	13 August 2018	75
Imaging and Pain	21 August 2018	79
Recovery Masterclass	12 September 2018	60
2018 SASMA AGM & Education Finale	20 November 2018	76
The Female Athlete: Transitioning Between Sports	2 April 2019	66
2019 Sports Medicine in General Practice Course	2 – 5 May 2019	11
2019 SASMA Conference	26 May 2019	108
ACL Injuries Debate: Surgery vs Non-Surgical Management	26 June 2019	104



# COMMUNITY EDUCATION AND SERVICES REPORT

In the 2018/2019 financial year SASMA delivered 15 Level 1 Sports Trainer courses, similarly to last year with 5 being in regional areas. One of these regional courses was held in Alice Springs, our first ever interstate course! These courses were attended by 271 participants. We also ran five Level 2 Sports Trainer courses with two of these being held regionally. We had 90 trainers upskill to Level 2 during the year, 40 more than the previous year.

In addition to the Level 1 and Level 2 courses, SASMA delivered 32 shorter community courses to local councils, clubs, sporting organisations and schools across South Australia. We continue to build on our strong relationships with these community organisations. These courses attracted hundreds of attendees.

This year we continued our focus in the area of Concussion and Spinal Management running workshops in both metropolitan and regional areas. We continually strive to expose community level sport to high level sports medicine professionals and provide the latest information on sports most discussed and needed topics.

Adelaide Oval again hosted our annual Fitness and Sports Trainers (FAST) Conference in February. Numbers were up on the 2019 event, where we provided a program full of interactive and informative information that the attendees found valuable to their sports training development. Our 2020 conference promises to be an exciting day.

During the year SASMA has also continued servicing community and elite sport through our Sports Injury Management Service. In 2018/19 SASMA provided coverage for over 100 events and already we see bookings coming in for 2020.

SASMA continues to build its relationships with organisations such as the South Australian Government, Basketball Australia, Cycling Australia, SA School Sport, Little Athletics and other sporting groups providing sports injury coverage at events across the state.

SASMA would like to take this opportunity to say thank you to all of the members who have given their time and passed on their knowledge whilst presenting at our courses this year. We would not have achieved the growth in course numbers without the support of the members who enable us to deliver high quality sports medicine courses.

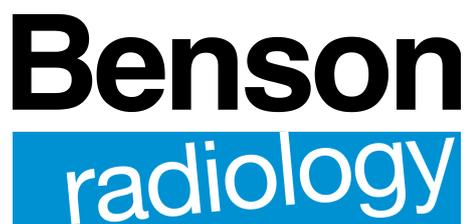
We look forward to continued growth and development over the next 12 months.

Community Project Officer  
Sonja Davey



# SPONSORS AND SUPPORTERS

We thank our sponsors for their continued support and without them the cost of our community education courses would be considerably higher.



**Government  
of South Australia**

Office for Recreation,  
Sport and Racing



RACGP

QI&CPD  
2017-19 Accredited Activity  
Provider



2018 - 2019