

Quantity	Item	Size
2	Rigid Tape	38mm/50mm
2	Elastic Adhesive	75mm/50mm
2	Elastic Adhesive	25mm
1 Box	Hyperfix	At least 5cm
Multiple	Vinyl Gloves	
10	Saline	30ml
1 Packet	Gauze Pads	
Multiple	Dressings	Assorted
1 Box	Band-aids	
5	SteriStrips	
5	Tubular Bandages	Assorted
5	Crepe Bandage	Assorted
2	Scissors	
10	Alcohol Wipes	
1	Hand Sanitiser	
1 Bag	Freezer Bags	
1 Roll	Rubbish Bags	
1 Roll	Chux Wipes	
5	Sanitary Pads/Tampons	
1	Tweezers	
1	Vaseline	
1	Vicks	
1	Stingose Spray	
2	Asthma Spacer	
1	Ventolin	
2	Pocket Mask	
3	Triangular Bandages	
2	Emergency Blanket	
1 packet	Tissues	
Multiple	Injury Report Forms	SASMA
2	Pens	
1	Note Pad	
5	Vomit Bags	
1	Sunscreen	
2	Towels	
1	Water Bottle	

Suppliers

RECOMMENDED

Medi Pro

33 Oborn Road
Mt Barker, SA 5251

sales@sportstape.com.au

8398 4722

St James First Aid

19a Ween Road
Pooraka, SA 5095

admin@stjamesfirstaid.com.au

8349 8068

Clifford Hallam Healthcare

2/21-39 Produce Lane Pooraka,
SA 5095

8407 0200

IDM Sports

1/54 Maple Ave
Forrestville, SA 5035

sales@idmsports.com.au

8371 5794

Bum bag recommendations:

- Gloves
- Saline
- Gauze

** Not extensive as First Aid Kit should be in close proximity on side-lines.