



2014 / 2015 Overview



Council Members

President

Patrick Custance

Vice President

Kate Beerworth

Hon Treasurer /Secretary

Sean Murphy

Committee

Ben Allen

Aaron Beck

Verity Cooper

Nigel Rowe

Bridget Sawyer

David Spurrier

2015 Staff Members

Executive Officer (4 days per week)

Jan Stirling

Medical Director (1 session per week)

Bridget Sawyer

Business and Education Manager

Daniel Clark

Community Education Officer (Fe)

Steph Potter

Honorary Auditor

Heather Kilsby HMK Accounting Support

Presidents Report

The SA Branch of SMA again had a very successful year in 2014/2015. We have provided a large number of quality educational sessions for members. This has included our multi-disciplinary evenings, discipline specific Master Class sessions, Sports Medicine in General Practice Course and State Conference. Feedback from members attending all these education sessions has been very positive.

The State Conference was moved from its usual time earlier in the year and this proved successful. We will utilise a similar format in future years and timing will often relate to major sporting events.

The topics and quality of presenters were appreciated by members. Special thanks to Jan and Daniel for their work and especially the choice of Roger Rasheed as Keynote Speaker who was both informative and extremely entertaining!

The Master Classes have continued to be successful with topics relevant for each discipline. A special thanks to the Education Committee for their work. Similarly the multi-disciplinary sessions have been carefully considered with great content and strong interest. Special thanks to Dr Bridget Sawyer for her work in putting the 2015 Series together.

Our organisation has continued to have a strong community presence. We remain the peak body for service provision to sporting groups and major sporting events. This remains a priority for our organisation and provides both financial and community profile benefits for the continued success and financial independence of our organisation. Special thanks to Jan, Daniel and staff for their ongoing efforts. I would also like to thank Dr Verity Cooper and Dr Janet Young for their work with the Southern University and Australian Masters Games, Dr Bridget Sawyer for the Women's Tour Down Under and Adelaide Tour, and Dr Mark Fisher on the Tour Down Under.

The major issue for Council this year has been our relationship with the National board of SMA and their move to One SMA. We had continued with dialogue and discussion to reach a mutually acceptable and ongoing business affiliation with National whilst maintaining our independence. This was our stated position following our constitutional change in 2013 to allow us to maintain our business and financial independence. We had indicated we would review our relationship with National once One SMA was operational for 18 months. National indicated they expected One SMA to be operational as of 1/1/16. In view of this we had planned to evaluate the One SMA model in mid 2017 and then reconsider the structure and details of our ongoing relationship with National between 1/7/17 and 31/12/17.

Unfortunately the National board, via their CEO, informed us in August that if we did not agree to join their organisation we could no longer operate under the name SMA - SA Branch. We spent considerable time and effort in negotiations, utilising the expertise of our Honorary Solicitor Chris Wellington, to allow continuation of the previous working relationship but to no avail. We have since been legally advised we must cease operating as SMA - SA Branch. We will continue with our legal business identity as Australian Sports Medicine Federation (SA Branch) but will trade under a new name from the 17th December 2015. The name and logo will be announced at the AGM. A very special thanks must go to Chris Wellington for his time, advice and significant assistance in helping our organisation legally deal with this very difficult and potentially costly situation.

Our Organisation's Council has continued to work extremely well and thanks to all Council members for their time and effort. In particular I would like to offer special thanks to Dr Bridget Sawyer and Nigel Rowe, both whom have served on the Council for greater than 10 years and both have taken on the role as President.

Finally and most importantly I would like to offer special thanks to our fantastic staff. Our EO, Jan Stirling works tirelessly for the success of our organisation. She utilises her contacts to advance our organisation and works with community and government agencies for our financial independence. Daniel Clark, our Business and Education Manager, has continued to produce outstanding results and is developing great expertise in these roles - a major plus for our organisation. Steph Potter, Community Education Officer, who worked closely with community sport, schools and councils to develop our community program including the rolling out of the Online Level 1 Sports Trainers Course. We wish Steph all the best in her ventures overseas and welcome Jaye Sippel on board as Community Project Officer. Jaye has already in the short time with us thrown himself into a variety of projects and developing new programs for the organisation.

Mr Patrick Custance
President

Membership

Member Type	07-08	08-09	09-10	10-11	11-12	12-13	13-14	14-15
Full Members	223	217	218	226	189	203	214	231
Associate	82	17	8	7	6	3	3	5
Students		63	66	59	74	100	161	143
Sports Trainers	114	103	90	80	102	60	55	58
Corporate/Club	2	4	3	3	3	2	1	1
Total Members	421	404	385	376	374	368	434	438

Executive Officers “Philosophical Overview”

I remain grateful for being entrusted to continue to serve as EO of this uniquely inspiring organisation. The ever changing dynamic of how we do business, how we serve and meet the expectations of YOU our fantastic members in a multi-disciplinary professional environment is a challenge that requires courage to explore new initiatives and horizons.

Members are the reason we exist. The combination of our members and the strength of our relationship with network industry partners enables us to sustain being a significant contributor to the South Australian sport and recreation community. The term grass roots to elite is relative because the scope and depth to which sport and exercise medicine applies across the whole of the community we identify with as an organisation.

Our staff Daniel, Stephanie and Jaye in their respective roles have shown great enthusiasm, passion and diligence striving to deliver the best possible outcomes in all our activities. My thanks to them.

President Patrick and Council always lead with professional integrity when difficult issues arise and with that in mind they have been awesome. Importantly being able to draw upon the legal expertise and in depth knowledge that our Honorary Solicitor Chris Wellington has of our organisation has been irreplaceable and his education of me, worthy of a Gold Medal!

Our Education Committee comprising Dr Angela Moran, Natalie Tyson, and Kristian De Pasquale embraced the input from experienced members in Dr Bridget Sawyer and David Spurrier to deliver a high quality Education Program. This type of caring collaboration confirms in South Australia we have a point of difference. Our Member's Education program drives the interactive networking for common objectives and outcomes across all disciplines. I thank members for your commitment attending our sessions and our State Conference.

The Sports Medicine in General Practice Course this year was coordinated by Dr Andrew Potter assisted by Dr Marc Cesana with other members presenting during the four day program. This course is iconic to South Australia and it attracts registrations from interstate General Practitioners and sits with prominence in our biannual calendar. Great coordinators, fantastic presenters and always receiving positive and highly complementary feedback!

The support and cooperation our organisation receives from the state's leading imaging companies, Dr Jones and Partners, Benson Radiology and Fowler Simmons is sincerely appreciated. Importantly the respectful dialog that aligns with all our discussions certainly inspires me and clarifies in this great state we can retain alliances built upon mutual industry regard for each other. The Office for Recreation and Sport (ORS) continue to assist us through their Grants program which has enabled us further to support, assist and guide the sport and physical activity sector. Our relationship and dialog with State Sporting Organisations, Community Clubs and local Councils enables us to sustain a consistent presence in the community, achieved through the support of ORS.

Our organisation is dedicated to providing all members with opportunities to access education. Webcasting and other technologies will be further explored and utilised when aspects of appropriateness and professional integrity are achieved. Extending the

reach of the professional expertise that we have through you our members will require innovative ideas to be integrated into our service delivery. Your passion, support and the values you bring will always be the foundation upon which we grow and develop assuredly launching into 2016, an Olympic year and beyond.

I remain in your debt.

Jan Stirling
Executive Officer

Medical Director Report

Due to the unexpected resignation of the Medical Director for 2015/2016, the responsibility for the 2016 Education events was divided between SMA- SA Council members.

Patrick Custance put together an excellent conference based around the theme of "The Individual Athlete". 89 members attended the Sunday session on 26th July 2015. As seen in previous years, the workshops proved to be a popular component of the day.

The Master Class Series have continued and a special thank you to the Education Committee for organising these. Over the past 12 months sessions included a Physiotherapy class addressing problems seen in the Adolescent Athlete, whilst a Podiatry class looked at Radiology. A Medical Master class focussed on the Athletic Heart and the Masters Athlete will take place on Tuesday the 10th November.

General Members Education in 2015 covered: The Overtrained Athlete, Calcific Tendinosis and Injuries of the Proximal Thigh. Attendances were high for all three sessions. The educational focus on clinical problems with a practical approach to management continues to be the key to attracting a wide audience.

I would like to thank all the speakers involved for providing such excellent and informative presentations. I know how much time can be spent in preparing to present and as speakers volunteer their time and expertise it is important for us, as an organisation, to acknowledge their hard work.

Final mention, as always, is to the tireless administration staff, Jan, Daniel and Steph. Where would we be without you? Thank you.

Dr Bridget Sawyer
Medical Director

2014/15 Members Education Sessions	Date	Attendees
Master Class Physiotherapy: The Lumbar Spine	22-Jul	15
The Groin	12-Aug	90
Master Class Medical: Minimally Invasive Spine Surgery with Clinical Cases	4-Sep	15
Master Class Physiotherapy: The Elbow	10-Sep	20
Master Class Podiatry: Radiology	1-Oct	13
The Overtrained Athlete	19-May	56
Master Class Physiotherapy: The Adolescent Athlete	3-Jun	21
Insertional Calcific Tendinosis	24-Jun	85

Treasurer's report

Overview of 2014-15 results

Council have reviewed the Accounting and Audit Procedures for 2014-15 by independent auditor's Dean Newberry and Partners and agreed that the audit process has been implemented. The budget was achieved and financial stability has been maintained in 2014-15. We have continued to receive outstanding support from the SA Government (Office for Recreation and Sport), as well as corporate sponsors Dr Jones & Partners, Benson Radiology and others. All these sponsors make a significant contribution to our ability to continue to provide quality services to our members and the community.

Operating Result

There was a net profit for the 2014-15 financial year of \$129,278.75. This has been achieved inclusive of interest income and investment income of \$50,004.87. An additional factor in the operating result this year was a reversal of \$152,442.40 provision for equipment, restructure and relocation. This was necessary as it did not meet the definition of a liability according to our auditors. The financial result for the year was influenced by a reduced income from interest, the reversal as mentioned and increased costs associated with stocking material needed for courses. In summary, the overall operating results remain solid and going forward the reporting of financials of our business are clearer and follow standard accounting practices.

Our Supporters



be active



Wallmans Lawyers

Bureau of Meteorology

Honour Board

YEAR	PRESIDENT
1961 – 1964	Dr. Garton M. Hone
1965 – 1969	Dr. Owen Bowering
1970 – 1972	Dr. Donald Beard
1973 – 1975	Mr. M.G. Maguire
1976 – 1977	Dr. R. C. Heddle
1978 – 1980	Mr. Max Sopp
1981 – 1982	Dr. Denise Chapman
1983 – 1984	Dr. Brian Sando
1985 – 1986	Mr. Michael Mason
1987 – 1988	Dr. Peter Barnes
1989 – 1990	Mr. Max Pfitzner
1991 – 1992	Dr. Roger Paterson
1993 – 1994	Mr. Simon Bartold
1995 – 1996	Dr. Malcolm Kerr Grant
1997 – 1999	Ms. Lynne Haysman
2000 – 2002	Ms. Libby Austin
2002 – 2002	Dr. Phil Hamdorf
2002 – 2003	Mr. Duncan Haskard
2004 – 2006	Dr. Andrew Potter
2007 – 2008	Dr. Elizabeth Clisby
2009 – 2010	Mr. David Spurrier
2011 - 2012	Dr. Bridget Sawyer
2013 - 2014	Mr. Nigel Rowe
2015 -	Mr. Patrick Custance

National Life Member

Dr. Brian Sando

Recognition of Hon. Secretary's

Mr. Bert Apps. 1961 to 1975 (leave of absence 1970-71 Mr. Robin Haskard was Hon. Sec.)

Dr. Henry Kneebone 1976 – 1991

Longer term financial goal

We continue with our aim to maintain financial stability using income from our investment portfolio together with membership fees and funds generated from courses. These income sources continue to be used to service our membership. Income from government grants (through the Office for Recreation and Sport) continue to be used to support our community services.

Council received financial advice from Mr. Richards Barnes, an independent financial advisor from Macquarie Private Wealth, regarding improving financial returns on our assets. Following this advice, a component of our cash investments have been directed into blue chip shares with high yield. This will increase our income stream going forward and help offset any potential losses of income from government grants and corporate sponsors.

Jan Stirling, our Executive Officer, continues to work very hard to gain government and corporate sponsorship. A special thanks to Jan Stirling and Daniel Clark for their tireless work in this area.

Sean Murphy
Hon. Treasurer

Community Education and Services

2014-15 saw the launch of the online theory component for the Level 1 Sports Trainers Course in conjunction with Human Kinetics allowing the face to face component of the course to be reduced to one day. 16 courses run across the state including 6 outside of the metropolitan region attracting a total of 379 attendees, including 69 University Students attending the Level 1 Sports Trainers for Health and Medical Science course. This represented a 30% increase in non University Level 1 Course numbers from the previous year.

A number of additional course coordinators have been trained up allowing more courses to be run across the state at times that suit each region. This will also free up SMA-SA Staff time to spend on development of new projects.

In 2014 - 2015, the Level 2 course was delivered in both metropolitan and regional South Australia with 89 trainers completing their Level 2 Accreditation. This is an increase of 50% in the number of trainers completing their Level 2 Accreditation.

In November 2014, SMA-SA held the FAST Conference in three locations including Adelaide, Port Lincoln and Mount Gambier with 120 delegates attending across the three conference days. Due to major events and feedback received about the timing of the Conference the 2015 Conference has been postponed until 28th February 2016 and will be held at the Adelaide Oval.

In 2014 - 15, SMA-SA continues to coordinate and present shorter sports medicine awareness courses in conjunction with Schools, Local Councils and State Sporting Organisations. Courses were held on the Eyre and Yorke Peninsulas, the Mid-North and other regional areas as well as in Metropolitan Adelaide.

SMA-SA would like to thank all the members who have presented at the Community Courses throughout the year. Your contribution to South Australian sporting clubs is truly appreciated.

During the year SMA-SA's Core Group of experienced Sport's Trainers have been working at events as well as providing mentoring to new trainers beginning to work in the sporting environment. The Tour Down Under remains a Major event on our SIMS calendar with both the Southern University Games and Australian Masters Games to be covered in the second half of the year. In 2014 -15 SMA-SA covered 85 individual events.