

# 2015 - 2016 Overview



## Council Members

### President

Patrick Custance

### Vice President

Kate Beerworth

### Hon Treasurer /Secretary

Sean Murphy

### Committee

Ben Allen  
Aaron Beck  
Verity Cooper  
David Spurrier

## 2016 Staff Members

### Executive Officer

Daniel Clark

### Medical Director

Bridget Sawyer

### Community Project

#### Officer

Jaye Sippel

### Community Project Support

#### Officer

Hayley Ashworth

### Administration Support

#### Officer

Kim Fryer

### Finance

Heather Kilsby  
*HMK Accounting Support*

## President's Report

2015/16 has been a major year for SASMA! We have continued operating as Australian Sports Medicine Federation (SA Branch) Ltd, but our trading name has been rebadged to South Australian Sports Medicine Association (SASMA) from Sports Medicine Australia – SA Branch. As you are all aware this has come about due to an impasse in negotiating with National SMA and their planned move to “One SMA”. We spent considerable time and effort trying to remain within the SMA group however our non-negotiable requirement of business and financial autonomy could not be accepted by the national board.

The move to SASMA has been extremely smooth due in no small part to the efforts of our previous CEO, Jan Stirling and our current CEO, Daniel Clark. Daniel has managed this major task at the same time as moving to his new role of CEO, an extraordinary achievement. In addition our staff, Jaye Sippel, Hayley Ashworth and Kim Fryer have been dedicated in bringing about this change with minimal disruption to our members.

SASMA had a very successful year in 2015/2016 providing a large number of quality educational sessions for members. This has included our multi-disciplinary evenings, discipline specific Master Class sessions, and State Conference. Feedback from members attending all these education sessions has been very positive.

The State Conference remained later in the year with the same format as last year. We will continue a similar format in future years and timing will often relate to major sporting events. Our conference was made available as a live webcast thus allowing those in regional locations, interstate and overseas to also join in on the day. Keynote Speaker, Dr Peter Fricker's opening address helped set the scene and tone for the day with the members who attended appreciating the topics and quality of presenters. A highlight for many on the day was the presentation given by our former CEO Jan Stirling. We are truly grateful for her willingness to return as a speaker.

The Master Classes have continued to be successful with topics relevant for each discipline. A special thanks to the Education Committee for their work. Similarly the multi-disciplinary sessions have been carefully considered with great content and strong interest. Special thanks to David Spurrier for taking on the role of Members Education Coordinator and the work putting the 2016 Series together along with the Education Committee including Dr Angela Moran, Dr Collie Begg, Natalie Tyson, Tim Kreis, Kristian De Pasquale and Damir Metljak.

Our organisation has continued to have a strong community presence. We remain the peak body for service provision to sporting groups and major sporting events. This remains a priority for our organisation and provides both financial and community profile benefits for the continued success and financial independence of our organisation. Special thanks to Daniel and staff, Jaye Sippel, Hayley Ashworth, Kim Fryer and Patria Gough, for their ongoing efforts. I would also like to thank all of our members who have contributed to the organisation by presenting at the community courses or assisting at major events over the last 12 months. SASMA members have continued to maintain a strong presence at major events including Dr Bridget Sawyer for the Women's Tour Down Under, Dr Mark Fisher on the Tour Down Under, and Dr Verity Cooper and Dr Janet Young on the Australian Masters Games.

Our Organisation's Council has continued to work extremely well and thanks to all Council members for their time and effort. In particular I would like to offer special thanks to Kate Beerworth for her role as Vice President and her help with the organisation during the year when I was injured.

Finally and most importantly I would like to offer special thanks to our fantastic staff. Our CEO, Daniel Clark has been professional and innovative since taking over the role from Jan Stirling. I would also like to thank Jan for her tireless work over many years as CEO that placed our organisation in a sound position going forward. Her work with government organisations, sporting bodies and all members has been fantastic. I am sure she will bring about significant positive change to Basketball Australia. Jaye Sippel, Community Project Officer, has continued to develop the Sports Trainers and Community Education Program through strong links in community sport, councils and schools. Kim Fryer, Receptionist, has returned part time after the birth of her first child assisting with administration tasks and

maintaining our online profiles. Hayley Ashworth, Community Project Support Officer, has shown great enthusiasm and has assisted greatly in increasing SASMA's Community Education Program profile and course numbers. Patria Gough has been working closely with Daniel on a consultancy basis assisting with the rebranding process and providing valuable assistance with sponsor arrangements and reviewing our policies and procedures.

As I finish up my time as President, I believe we are in a sound position to continue providing the highest quality services to our members and the sporting organisations of South Australia.

Mr Patrick Custance  
President

## Treasurer's Report

Overview of 2015-16 results:

Council have reviewed the Accounting and Audit Procedures for 2015-16 by independent auditor's Dean Newbery & Partners and agreed that the audit process has been implemented. The budget was achieved and financial stability has been maintained through a time of transition in 2015-16 to SASMA with its associated costs. We have continued to receive support from the SA Government (Office for Recreation and Sport), as well as corporate sponsors Dr Jones & Partners, Benson Radiology, ReturnToWorkSA and National Pharmacies. All these sponsors make a significant contribution to our ability to continue to provide quality services to our members and the community.

Operating Result:

There was a net loss for the 2015-16 financial year of \$85,317. The most significant factor impacting this was the Movement in Market Value of our share portfolio (\$65,103). This would only be realised if we were to sell the shares at that time (30/06/16). As discussed in last years report our portfolio managed by Mr Richard Barnes from Macquarie Private Wealth is made up of blue chip high yielding shares which will be held long term. Income from government grants and investment/interest was reduced, which was influenced by lower interest rates and timing of dividends from shares which we will receive in the current financial year. Membership income increased by \$19,830, which was positive considering the situation with SMA. Project income increased by \$99,343 due in main to the Sports Injury Management Service of two major events (Australian Masters Games and Southern University Games). There are also increased project costs associated with these events. Costs relating to our 2015 Members Conference in July 2015 totaling \$15,500 were paid in this financial year whilst the majority of the income was received in the previous year. The financial result for the year was also influenced by one off costs associated with the rebrand to SASMA. These costs included legal fees, design, printing/stationary, IT, uniforms and administration costs which total approximately \$20,000.

In summary, the overall result with consideration of the share revaluation and rebranding is another solid one. We have weathered a challenging period for the organisation and next financial year is again looking positive. We continue with our aim to maintain financial stability and look to further develop income streams and cost savings. A special thanks to Heather Kilsby and Daniel Clark for their tireless work in this area.

Sean Murphy  
Hon. Treasurer

## Members Education Report

A review was undertaken by the SASMA Council in regards to our Members Education Events. This review was undertaken with the aim of sharing the responsibilities and including more members within the planning of events.

David Spurrier took on the role of Members Education Committee Chair this year, and with the assistance of the Education Committee, put together a great line up of Education Sessions.

General Members Education in 2016 covered: Management of Ankle Sprains: High Syndesmosis Injuries, Back Pain in Athletes, and Shoulder Injuries and Dislocations. Attendances were impressive at all three sessions. Combined with those who joined in the sessions via the live webcasts, we saw numbers in excess of 75 attendees at all three. Our goal is to have more sessions available for our members via webcasts in 2017 and beyond.

The Master Class Series has continued to grow and add a new dimension to the educational events that SASMA run for its members. A special thank you to our Education Committee – David Spurrier, Natalie Tyson, Tim Kreis, Kristian De Pasquale, Damir Metljak, Dr Angela Moran and Dr Collie Begg – for the great work they have put in this year. Without their time and effort we would not be able to offer such a high quality education program for our members.

Patrick Custance and Kate Beerworth put together an excellent conference based around the theme of "The Active Adolescent". 110 members attended the conference on 22nd May 2016. A great line up of speakers was assembled and as seen in previous years, the workshops proved to be a popular component of the day.

SASMA would like to thank all the speakers involved in our education program for providing such excellent and informative presentations. A lot of time is spent preparing to present and as speakers volunteer their time and expertise it is important for us, as an organisation, to acknowledge their hard work.

SASMA continues to strive to provide a high level of service to our members. We currently have some new initiatives in the pipeline for next year that will help us grow our existing level of member services and benefits. Keep an eye out for updates over the coming months.

2015-16 Members Education Sessions	Date	Attendees
Master Class: Post Surgery Rehab for Podiatrists	1-July 15	27
2015 Members Conference	26 - July 15	89
Management of Complex Proximal Thigh Injuries	25-Aug 15	82
Master Class: End Stage Lower Limb Rehab	16-Sep 15	25
Master Class: Strength & Conditioning Development in Lower Leg and Foot	23-Sep 15	22
GP Master Class: Cardiology	10 Nov 15	14
Management of Ankle Sprains: High Ankle Syndesmosis Injury	12 - Apr 16	76
2016 Members Conference	22 May 16	110
Backpain in Athletes: Lumbar Spine	22-Jun 16	94

## Executive Officer's Report

The last 12 months has seen SASMA go through a number of changes, including a rebrand. and changes of staff. With the continued support, input and direction of Council and our members we have been able to sustain a member focused approach as we aim to improve our organisation and increase the services we deliver.

I want to thank our President, Patrick Custance, the rest of the SASMA Council as well as my predecessor Jan Stirling for their due diligence and hard work they have put in during some challenging times over the last 12 months and guiding our organisation. To see where we are now highlights the decisions that have been made over the past few years are justified. We have seen a continued growth in our members, sports trainers and community education programs as well as seeing an increase in our membership. We must continue to remain relevant and provide a service to the sports and sports medicine community here in South Australia.

SASMA remains grateful to the collaborative approach of all our industry partners. We continue to receive funding through the Grant Programs offered by the Office for Recreation and Sport. This is a relationship that has been in existence for many years and we continue to support their programs.

Our 2016 Members Education Series and Conference continued to grow and expand with record numbers attending. We would not be able to put such high quality education sessions on without the support of our partners: Dr Jones and Partners, 2015 & 2016 State Conference Major Sponsor; Benson Radiology, 2015 & 2016 Members Education Series Major Sponsor; ReturnToWorkSA, 2016 Webinar and Master Class Major Sponsor. I would like to also thank the Education Committee and our Conference Convenors for their great work in putting together such a program for our members.

Our Community and Sports Trainers Programs have been able to continue to grow thanks to the tremendous support we have received over the last 12 months from National Pharmacies and Victor Sport. We would not have been able to run the programs we have without these organisations' support.

My predecessors, Pat and Jan, have always encouraged myself and the organisation to be at the forefront and to take an innovative approach to where we lead SASMA. The past 12 months has been no exception with a number of new and exciting projects being implemented. For the first time we have offered our regional, interstate and overseas members the opportunity to access our Members Education Series and 2016 Conference via a live webinar. The videos of these sessions are also available on the Members Portal of our website. It is exciting times as we are able to offer our education program to those outside of the metropolitan area without the need to travel to Adelaide.

In 2017 we will expand this into the Community and Sports Trainers Education Programs. We look forward to being able to offer greater services to the SA Sporting Community and beyond. Keep an eye out for other new initiatives that will be rolled out in the next 12 months.

I would like to thank Dr Bridget Sawyer, who over the last two years has been the SASMA Medical Director, for her contribution to not just the Professional Members Education but also to our Community Programs and assisting staff with advice when necessary.

SASMA has some enthusiastic and passionate staff. My thanks goes to Jaye, Hayley, Kim and Patria for the way in which they have continued to drive our organisation forward and continually aiming to improve themselves and our organisation.

Finally, the SASMA staff, and I am sure all members, would like to express our enormous gratitude to Patrick Custance for the amazing work he has done leading our organisation during the past two years. It has been a challenging time, but SASMA is in a great position to continue to grow over the years to come.

Daniel Clark  
Executive Officer

Member Type	08-09	09-10	10-11	11-12	12-13	13-14	14-15	15-16
Full Members	217	218	226	189	203	214	231	243
Associate	17	8	7	6	3	3	5	4
Students	63	66	59	74	100	161	143	142
Sports Trainers	103	90	80	102	60	55	58	60
Corporate/Club	4	3	3	3	2	1	1	1
<b>Total Members</b>	<b>404</b>	<b>385</b>	<b>376</b>	<b>374</b>	<b>368</b>	<b>434</b>	<b>438</b>	<b>450</b>

## Community Education & Services Report

2015 -16 saw the continued development and growth of community services and education delivered by SASMA. Across the 12 month period we were able to deliver 14 Level 1 Sports Trainer courses including 4 regional courses. These courses attracted 333 participants consolidating our position as the go to organisation for training of Sports Trainers in South Australia. SASMA also held three Level 2 Sports Trainer courses, including the organisation's first University Student specific Level 2 course. Combined, 59 trainers continued their education and development as Level 2 Sports Trainers.

In addition to the Level 1 and Level 2 courses, SASMA delivered 44 shorter community courses to local councils, clubs, sporting organisations and schools across South Australia with over 900 attendees. This year we saw an increase in the number of Concussion Management workshops ran highlighting our continued effort to expose community level sport to high level sports medicine professionals and provide the latest information on one of sports most discussed topics.

## Honour Board

YEAR	PRESIDENT
1961 – 1964	Dr. Garton M. Hone
1965 – 1969	Dr. Owen Bowering
1970 – 1972	Dr. Donald Beard
1973 – 1975	Mr. M.G. Maguire
1976 – 1977	Dr. R. C. Heddle
1978 – 1980	Mr. Max Sopp
1981 – 1982	Dr. Denise Chapman
1983 – 1984	Dr. Brian Sando
1985 – 1986	Mr. Michael Mason
1987 – 1988	Dr. Peter Barnes
1989 – 1990	Mr. Max Pfitzner
1991 – 1992	Dr. Roger Paterson
1993 – 1994	Mr. Simon Bartold
1995 – 1996	Dr. Malcolm Kerr Grant
1997 – 1999	Ms. Lynne Haysman
2000 – 2002	Ms. Libby Austin
2002 – 2002	Dr. Phil Hamdorf
2002 – 2003	Mr. Duncan Haskard
2004 – 2006	Dr Andrew Potter
2007 – 2008	Dr Elizabeth Clisby
2009 – 2010	Mr. David Spurrier
2011 - 2012	Dr. Bridget Sawyer
2013 - 2014	Mr. Nigel Rowe
2015 - 2016	Mr. Patrick Custance

### National Life Member

Dr. Brian Sando

### Recognition of Hon. Secretary's

Mr. Bert Apps. 1961 to 1975 (leave of absence 1970-71 Mr. Robin Haskard was Hon. Sec.)

Dr. Henry Kneebone 1976 – 1991

In February 2016, SASMA held one of its biggest ever FAST Conferences at South Australia's premier sporting location, the Adelaide Oval. The world-class location coupled with an array of prestigious presenters saw SASMA attract over 140 delegates to our largest annual community event. The 2017 FAST Conference will again be held at the Adelaide Oval on Sunday 26th of February.

SASMA would like to take this opportunity to say thank you to all of the members who have given their time and passed on their knowledge whilst presenting at our courses this year. We would not have achieved the growth in course numbers without the support of the members who enable us to deliver high quality sports medicine courses.

During the year SASMA has also continued servicing community and elite sport through our Sports Injury Management Service. In 2016 SASMA provided coverage for over 80 events. SASMA has continued to work with organisations such as the South Australian Government, Basketball Australia, Cycling Australia, and other sporting groups providing sports injury coverage at events across the state.

## 2015-16 SASMA Supporters



Government of South Australia  
Office for Recreation and Sport

