



# 2019 FAST Conference Program

Saturday February 23 2019

Adelaide Oval



Times	Program	Presented by
9.15am	Registrations Open	
10.00 -10.05am	Welcome	
10.05 – 11.05am	Concussion Update, Medico/Legal issues	Dr. Mark Cesana Prof Jack Anderson
11.05 – 11.20am	Trade Displays Presentations	
11.20 – 11.50am	Morning Tea	
11.50 – 1.00pm	<p><b>Lectures:</b></p> <ol style="list-style-type: none"> <li>1. Nutrition</li> <li>2. Medical Conditions – Head and Trunk</li> <li>3. Pre-hab</li> </ol>	TBC TBC TBC
1.00 – 2.00pm	<p>Lunch Including Trade Displays and Networking Opportunities</p>	
2.00 – 2.10pm	SASMA Education Launch	
2.15 – 3.15pm	<p><b>Workshops:</b></p> <p>Workshop A – Taping the lower limb not your normal taping</p> <p>Workshop B – Hamstring, prevention and rehab</p> <p>Workshop C – Massage, preparing for competition and cooling down</p> <p>Workshop D – Weekend Warrior (building on the 2018 session)</p> <p>Workshop E – Critical Care</p>	TBC TBC TBC TBC TBC
3.20 – 3.40pm	Afternoon Tea	
3.45 - 4.45pm	Repeat Workshops	
4.50pm	Close	

For more information and to register head to [www.sasma.com.au](http://www.sasma.com.au)